



- Stress from **one sweep** creates a 50% chance of a major health breakdown in the next two years.
- Multiple sweeps multiply the effects of stress.
- Chronic stress is associated with

SWEEPS → **STRESS*** → **REDUCED LIFE EXPECTANCY****

* Refer to Holmes-Rahe Life Stress Inventory - Social Readjustment Rating Scale

** THE AVERAGE AGE OF DEATH IN THE HOMELESS POPULATION IS 53, 25 YEARS YOUNGER THAN HOUSED INDIVIDUALS